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Humber and North Yorkshire
Health and Care Partnership

NHS
Humber and
North Yorkshire
Integrated Care Board (ICB)

Requesting Health Advice for Education, Health and Care Plan (EHCP) Reviews

NHS Humber and North Yorkshire Integrated Care Board (HNY ICB)

Reviewed: June 2026

Ratified by HNY ICB SEND Committee: July 2026

Next review due: June 2027

Aims

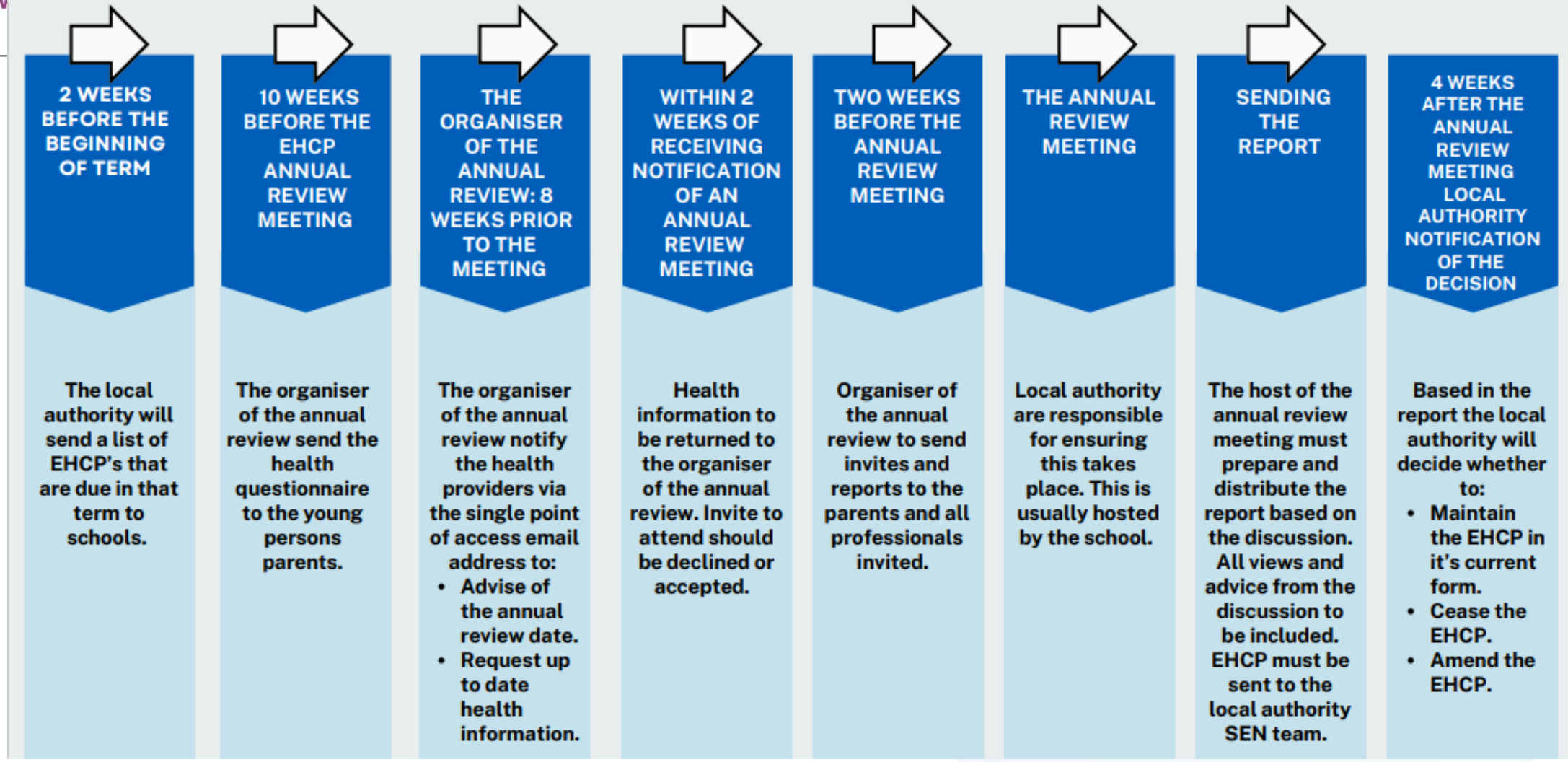
For education settings to:

- Understand the process for requesting health advice for EHCP reviews
- Know where to request health advice from for children and young aged 0-25 years
- Know who to go to for support in relation to health advice in EHCPs

SEND Regulations, 2014

- **20 (2)** The following persons must be invited to attend the review meeting: D) A health care professional identified by the responsible commissioning body to provide advice about health care provision in relation to the child or young person
- **20 (4)** The person arranging the review meeting must obtain advice and information about the child or young person from the persons referred to in paragraph (2) and must circulate it to those persons at least two weeks in advance of the review meeting.

EHCP ANNUAL REVIEW PROCESS



These are suggested timescales to support the review meeting organiser in requesting and receiving updated health advice in a timely manner.

Each area will have their own process.

These are statutory timescales as set out in SEND legislation.

Medical Questionnaire

- A medical questionnaire has been developed to support education settings to know where to request health advice from for EHCP reviews
- The organiser of the EHCP review meeting can ask the young person or parent/carer to complete the medical questionnaire, which identified who the CYP is open to in health
- The organiser can use the completed medical questionnaire to send the request for health advice to the right provider
- Information about local NHS services, including contact information, can be found on the local area's Local Offer website
- The medical questionnaire may not need to be used in Local Areas which use a digital EHCP system

Requesting Health Advice – 0-18 years

- If the CYP is known to specialist health services e.g. speech and language therapy, paediatrics, mental health services etc, the request must be sent to that service(s)
- If the CYP is not open to specialist health services and is only known to universal health services e.g. GP or 0-19, consider requesting updated health advice from the Healthy Child Service (0-19 health visiting and school nursing service)
- Please note that some health services are commissioned up to 19 years of age

Requesting Health Advice – 19-25 years

- If the young person is known to specialist health services e.g. adult mental health, learning disability team etc, the request must be sent to that service(s)
- If the young person is not open to specialist health services and is only open to universal health services, consider requesting updated health advice from the young person's GP Practice

Advice From Health States CYP Has Been Discharged

- When a CYP with an EHCP has been discharged from an NHS health service, the young person and/or family will be provided with a discharge letter
- The discharge letter can be submitted to the EHCP review meeting so that the EHCP can be updated to reflect the change in provision
- The information in Section's C and G will need updating to reflect that the CYP has been discharged
- Health advice which educates & trains is written into Section's B, E and F, these sections will also need updating to reflect that the child has been discharged

Inputting Health Advice into an EHCP

- Sections C and G of an EHCP details the health needs (Section C) and the health provision (Section G)
- Where health advice educates and trains, this must be inputted into educational needs (Section B) and educational provision (Section F) as detailed in Section 21 of the Children and Families Act 2014
- Where health advice is written into Section's B and F, the following can be written in Section C: "Advice provided by SALT/OT/Physiotherapy/CAMHS (delete/amend as appropriate) identifies educational needs and is written in Section B and F." Writing this means that advice does not need to be duplicated in different sections.
- For further advice about how to complete the education sections of the plan, please contact your local authority SEND team.

Advice From a Privately Commissioned Health Practitioner

- Privately commissioned health reports can be provided as supporting evidence to the EHCP
- If the education setting has been provided with a privately commissioned health report for the purpose of inputting into an EHCP, the education setting will need to let the Local Authority (LA) know
- Section G of the EHCP pertains to the provision of a health care service as part of Section 1(1) of the National Health Service Act 2006
- Therefore, the provision in Section G must have been clinically advised by an NHS health practitioners, who has provided supporting evidence e.g. clinic letter, intervention plan, episode of care plan etc

Contact Details

- For support with inputting health advice into an EHCP or if unsure where to request health advice from, please contact the SEND team at NHS Humber and North Yorkshire Integrated Care Board at the following email address: hnyicb.send@nhs.net

Resources

Medical Questionnaire for Young People to complete

Medical
Questionnaire - YP

Medical Questionnaire for parents/carers to complete for their child or young person

Medical
stionnaire - Parent

EHCP Review Process for Requesting Health Advice

EHCP Review
Process

Example of health advice in an EHCP

Example of SALT
Advice in an EHCP

References

- Children and Families Act (2014) Section 21. Available at: Children and Families Act 2014. [Accessed 06 November 2025]
- National Health Service Act (2006) Section 1. Available at: National Health Service Act 2006 [Accessed 06 November 2025]
- SEND Code of Practice: 0 to 25 years (2014) Available at: SEND code of practice: 0 to 25 years - GOV.UK [Accessed 27 November 2025]
- The Special Educational Needs and Disability Regulations (2014) Section 20. Available at: The Special Educational Needs and Disability Regulations 2014 [Accessed 06 November 2025]

This training has been created and agreed by the partnership across the six places of NHS Humber and North Yorkshire Integrated Care Board