

York's Vision for Preparing for Adulthood (PFA) Keeping Children Safe, Connected and Prepared for the Future

We believe all children and young people have the right to belong, to feel included and valued in education, community and everyday life. By building skills, confidence and resilience, and providing the right support at the right time;
Our vision is that every young person is prepared, empowered and supported to move safely towards adulthood

Independent Living

We will promote choice and control, helping young people develop daily living skills, access accommodation options, and build confidence.

Friends, Relationships and Community

We will help young people form meaningful connections, participate in their communities, and develop safe relationships.



Education and Employment

We will ensure every young person has access to ambitious learning pathways and tailored support to achieve their educational potential.

Good Health

We will support young people's physical, mental and emotional wellbeing by ensuring access to health services and timely interventions.

Developmental Stages of PFA

Early Years (0–5)	Primary Age (5–11)	Secondary Age (11–18)	Young Adulthood (19–25)
Early identification and support; building communication, early learning and foundational skills.	Broad and balanced curriculum; social skills, emotional wellbeing and early independence.	Careers awareness and aspiration building; developing independence, decision making and self-advocacy.	Tailored support for higher independence; employment, supported internships and community opportunities.
Early Identification of need and developing identity		Making decisions on the adult I'm becoming	Learning to be the adult I have become